

September 2013

No Limits Eastern Shore

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Closed Labor Day	3 Planning Meeting	4	5 United Way Exercise Group—CSB invited, 10:30am	6	7
8	9	10 Health and Safety Meeting: Health Advoca- cacy	11	12 United Way Exercise Group, 10:30am Cook for Dash of Hope	13 Dash of Hope	14 Sandra's Birthday
15	16	17 Closed Staff Training	18	19 United Way Exercise Group, 10:30am Anniversary Party Lunch Making Day Board Meeting (Exec)	20	21
22	23	24 No Limits Film Series, 10:30am	25	26 United Way Exercise Group at GF Horne, 10:30am Jason's Party	27 Jason's Birthday	28
29	30					